

# Hello,

I would like to introduce myself. My name is James Lemoyre and I am excited to enter this upcoming season as coach for the u13 Rep B Colts team for CMHA.

You may have seen or met me at the rink working with this age group of lads over the past several years.

I am excited to now move into the role of head coach, sharing knowledge, core skill sets, and pushing work ethic. I am looking forward to growing the team culture, motivating this group to grow and succeed on and off the ice.

This being said, I want to promote a fun, rewarding experience, while maintaining structure and discipline.

Most of boys have seen a lot of adversity, change, and still show up smiling and sticking up for each other. I wish to continue the hard work mentality and we can all grow together.

I guess what I am saying is, I want the kiddos to make memories and friends while playing the sport we all love.

See you all at the rink!

Coach James.