



CORNWALL MINOR HOCKEY ASSOCIATION



CONDITIONING CAMP SCHEDULE (DATES AND TIMES ARE SUBJECT TO CHANGE)

U9 (NOVICE)

SATURDAY AUG 26TH FROM 1:00-2:00 PM -- BENSON CENTRE PAD #1
SUNDAY AUG 27TH FROM 2:20-3:20 PM -- BENSON CENTRE PAD #2
TUESDAY AUG 29TH FROM 5:50-6:50 PM -- BENSON CENTRE PAD #2
WEDNESDAY SEP 6TH FROM 5:50-6:50 PM -- BENSON CENTRE PAD #2

U11 (ATOM)

SATURDAY AUG 26TH FROM 2:00-3:00 PM -- BENSON CENTRE PAD #1
SUNDAY AUG 27TH FROM 3:20-4:20 PM -- BENSON CENTRE PAD #2
TUESDAY AUG 29TH FROM 6:50-7:50 PM -- BENSON CENTRE PAD #2
WEDNESDAY SEP 6TH FROM 6:50-8:20 PM -- BENSON CENTRE PAD #2

U13 (PEEWEE)

SATURDAY AUG 26TH FROM 3:00-4:00 PM -- BENSON CENTRE PAD #1
SUNDAY AUG 27TH FROM 4:20-5:20 PM -- BENSON CENTRE PAD #2
WEDNESDAY AUG 30TH FROM 5:50-6:50 PM -- BENSON CENTRE PAD #2
TUESDAY SEP 5TH FROM 5:50-7:20 PM -- BENSON CENTRE PAD #2

U15 & U18 (BANTAM / MIDGET)

SATURDAY AUG 26TH FROM 4:00-5:00 PM -- BENSON CENTRE PAD #1
SUNDAY AUG 27TH FROM 5:20-6:20 PM -- BENSON CENTRE PAD #2
WEDNESDAY AUG 30TH FROM 6:50-7:50 PM -- BENSON CENTRE PAD #2
TUESDAY SEP 5TH FROM 7:20-8:50 PM -- BENSON CENTRE PAD #2

PLAYERS MUST BE REGISTERED WITH CMHA PRIOR TO AUG 24TH