



CORNWALL MINOR HOCKEY ASSOCIATION



2025 CONDITIONING CAMP SCHEDULE

(DATES AND TIMES ARE SUBJECT TO CHANGE)

U9

SATURDAY AUG 23RD FROM 8:40-9:40 AM -- BENSON CENTRE PAD #3
SUNDAY AUG 24TH FROM 2:10-3:10 PM -- BENSON CENTRE PAD #3
TUESDAY AUG 26TH FROM 5:50-6:50 PM -- BENSON CENTRE PAD #2
WEDNESDAY SEP 3RD FROM 5:50-6:50 PM -- BENSON CENTRE PAD #2

U11

SATURDAY AUG 23RD FROM 9:40-10:40 AM -- BENSON CENTRE PAD #3
SUNDAY AUG 24TH FROM 3:10-4:10 PM -- BENSON CENTRE PAD #3
TUESDAY AUG 26TH FROM 6:50-7:50 PM -- BENSON CENTRE PAD #2
WEDNESDAY SEP 3RD FROM 6:50-7:50 PM -- BENSON CENTRE PAD #2

U13

SATURDAY AUG 23RD FROM 10:40-11:40 AM -- BENSON CENTRE PAD #3
SUNDAY AUG 24TH FROM 4:10-5:10 PM -- BENSON CENTRE PAD #3
WEDNESDAY AUG 27TH FROM 5:50-6:50 PM -- BENSON CENTRE PAD #2
TUESDAY SEP 2ND FROM 5:50-7:20 PM -- BENSON CENTRE PAD #2

U15 & U18

SATURDAY AUG 23RD FROM 11:40-12:40 PM -- BENSON CENTRE PAD #3
SUNDAY AUG 24TH FROM 5:10-6:10 PM -- BENSON CENTRE PAD #3
WEDNESDAY AUG 27TH FROM 6:50-7:50 PM -- BENSON CENTRE PAD #2
TUESDAY SEP 2ND FROM 7:20-8:50 PM -- BENSON CENTRE PAD #2

PLAYERS MUST BE REGISTERED WITH CMHA PRIOR TO AUG 22ND